



Dear BRNET Members and Friends of BRNET:

Thank you for being a part of the Bullying Research Network! In our August newsletter, you will find updates from the network.

Be sure to check out our website at <http://cehs.unl.edu/BRNET/> for additional resources and announcements.

Featured Spotlight—Dr. Jared R. Rawlings

Jared R. Rawlings (PhD) is Associate Professor of Music Education and Associate Director of the School of Music at The University of Utah. He is the recipient of two faculty research fellowships (2017, 2018) at The University of Utah focusing on Arts-in-Health and Community Engagement research. In addition to his teaching responsibilities and supervising music education graduate student research, Rawlings serves as Music Education Area Head, Director of Undergraduate Studies and is Acting Director of Bands for the 2020–2021 academic year.

Rawlings consistently works with scholars, master pedagogues, and performing artists of varied disciplines. His research, which appears in leading research journals and texts, focuses on understanding how social and environmental factors influence the future orientation, behavior, and health of youth enrolled in school-based music ensembles. In addition, he studies the application behavioral and ecological approaches to preventing youth violence, the intersections of social justice and preservice music teacher education, and instrumental music pedagogy. Rawlings has presented his research to national and international audiences across the world and was elected as a peer reviewer and/or editorial board member for scholarly journals, including the *Journal of Child Development*, *Youth and Society*, *Update: Applications of Research in Music Education* and *Music Educators Journal* and has served as a *National Endowment for the Arts* Research Labs Panel Reviewer. Alongside his scholarly research, Rawlings continues his artistic creative activity as an active guest conductor and clinician across the United States. Partnerships with school districts, which complement a dynamic research profile, are integral to his creative work.

Rawlings recently completed a two-year (2018-2020) research project entitled, “Beyond Intimidation and Aggression: Uncovering the Social Interactions and Well-being of High School Instrumental Musicians.” This project aims to explore and generate insights into how youth enrolled in instrumental music ensembles experience bullying and peer victimization within their school building and

on electronic platforms. Results from this study will add to the research literature by addressing an assumption among stakeholders in music education – the music classroom is a safe space for youth. The mixed-method methodological approach afforded many opportunities to achieve a depth of understanding not previously explored within music education research and preliminary results present detailed accounts of bullying experiences and their self-reported impact on well-being. He would be glad to share thoughts and ideas about the theoretical underpinnings and preliminary results with all the BRNET members interested in this topic.

Rawlings received a Ph.D. in Music Education from the University of Michigan with a cognate in Wind Band Conducting; a Master of Music degree in Wind Band Conducting from the University of Nebraska-Lincoln; and a Bachelor of Music Education degree from Baldwin Wallace University (*cum laude*). He is an active member of the National Association of Music Education (NAfME), the Utah Music Education Association, College Band Director's National Association, Society of Research on Adolescence, and the Bullying Research Network.

Select Recent Publications

- Rawlings, J. R., & Young, J.** (online first). Peer-group effects on relational victimization and youth empowerment within a high school instrumental music program. *Psychology of Music*. doi:10.1177/0305735620923140
- Rawlings, J. R., & Espelage, D. L.** (online first). Middle school music ensemble participation, homophobic name-calling, and mental health. *Youth & Society*. doi:10.1177/0044118X19866071
- Rawlings, J. R., & Stoddard, S. A.** (2019). A critical review of anti-bullying programs in North American elementary schools. *Journal of School Health, 89* (9), 759–780. doi:10.1111/josh.12814
- Rawlings, J. R., & Stoddard, S. A.** (2017). Peer connectedness in the middle school band classroom. *Research Studies in Music Education, 39*(1), 121–135. doi: 10.1177/1321103X17703575
- Rawlings, J. R.** (2017). The effect of middle school music ensemble participation on the relationship between perceived school connectedness, self-reported bullying behaviors, and peer victimization. *Bulletin of the Council for Research in Music Education, 213*, 53–72. doi: 10.5406/bulcouresmusedu.213.0053
- Rawlings, J. R.** (2016). Middle school students' perceptions of bullying. *Bulletin of the Council for Research in Music Education, 209*, 7–26. doi: 10.5406/bulcouresmusedu.209.0007
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NEW BRNET Article Sharing Policy

BRNET has very recently changed our policy regarding sharing BRNET members' articles in our newsletters. Due to the lack of consistency across publishers regarding the permissibility of sharing full articles via email (e.g., [Elsevier's Policy](#), [APA's Policy](#)), we are now opting to share our members' citations (including the DOI link, if possible) and the article abstracts.

We appreciate how willing BRNET members have been in sharing their important research; we would like to continue this communication. If you would like to share research articles to be highlighted in our monthly newsletters, please email Alia Noetzel at bullyresearchnet@gmail.com with the following information:

- Your article citation (with a link to the DOI, if possible)
- Your article abstract
- Your email (so individuals who receive our newsletter can request further information, if desired)

Please let us know if you have any questions!

BRNET New Members!

BRNET has a current total of 242 members! Welcome to the BRNET, **Drs. Romera & Viejo!**

New Friends of BRNET!

BRNET has a current total of 84 'Friends!' Welcome, **Erica Smith!**

Please send recommendations for potential BRNET members (i.e., faculty, researchers, and clinicians who are conducting research on bullying or related topics) to Drs. Shelley Hymel, Susan Swearer, or to bullyresearchnet@gmail.com.

If you have recently joined BRNET and have not yet provided your information, please send the following to bullyresearchnet@gmail.com.

- 1) contact information that can be posted on the website;
 - 2) a brief biography of you and your work;
 - 3) a list of current/ongoing projects in this area;
 - 4) an annotated bibliography of your work in this area (i.e., full reference plus a few sentences about the work), and;
 - 5) relevant web-based links you would like to share.
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Friends of BRNET

Friends of BRNET is a group of graduate students, administrators, parents, and individuals who are interested in learning more about the Bullying Research Network. Friends of BRNET receive our monthly e-newsletter. If you are interested in becoming a Friend of BRNET or want to refer someone to Friends of BRNET, please email Alia Noetzel, the BRNET Coordinator, at bullyresearchnet@gmail.com with the following information: name, title, address, and email address.

BRNET Member Grant/Funding Announcements

Receipt of funding facilitates the BRNET mission to conduct interdisciplinary research related to bullying and aggression, with particular attention being paid to the link between basic and applied research. Thus, the BRNET directors are excited to offer members a new opportunity to share grants (and other sources of funding) they have received for their research projects.

Funding varies across countries and is not limited to federal grants. If you are interested in sharing your grants or funding with other BRNET members, please send an abstract of the research funding along with the funding source to bullyresearchnet@gmail.com and we will post the information on our website.

BRNET MEMBER ANNOUNCEMENTS

(1) BRNET Participation in #BeKind21

Every year, Born This Way Foundation hosts #BeKind21. This pledge is inspired by the idea that habits are formed by repetition and the belief that kindness is not transactional. To be kind is to speak up. To be kind is to prioritize your mental wellness because things may become overwhelming. To be kind is to advocate for a world that values, validates, and respects all people. Kindness is not an empty gesture; rather, kindness is a verb.

BRNET members are encouraged to pledge to make kindness a habit by individually taking the pledge to practice one act of kindness each day from September 1st to September 21st. Take the pledge at bornthisway.foundation/bekind21 and share your experience on social media using the hashtag #BeKind21.

In the meantime,

- Keep up with Born This Way Foundation + #BeKind21 on [Instagram](#), [Twitter](#), and [Facebook](#).
- [Use this toolkit](#) to learn more about #BeKind21 and find graphics + social media posts you can share to help spread the word!
- Prioritize your wellness by using these [evidence-based self-care tips](#).
- [Click here to learn how to share your story with Channel Kindness](#).

(2) Inquiry About Evidence-Based Curricula Re: Microaggressions, Workplace Bullying, and Anti-Racism

Dr. Steve Leff and the Violence Prevention Initiative recently received a two-year internal grant from the Children's Hospital of Philadelphia to design a micro-aggression, work-place bullying, anti-racism intervention for employees/faculty and fellows. They are starting to review the literature for evidence-based approaches.

Dr. Leff and colleagues are reaching out to BRNET members to inquire if any members are aware of evidence-based curricula for adults and/or youth (micro-aggression, workplace bullying, anti-racism), and/or researchers working on this. Please send any related information to Dr. Leff at leff@email.chop.edu.

(3) Author Exchange—BRNET Member Publications

BRNET member, Dr. Leff, recently published a paper in *Frontiers in Psychiatry*. Please see attached PDF and citation below. Additionally, please contact Dr. Leff at leff@email.chop.edu for additional information.

Leff, S. S., Waasdorp, T. E., Paskewich, B. S., Bevans, K. B., & Winston, F. K. (2020). The Free2B Multi-Media Bullying Prevention Experience: An Exemplar of Scientific Edutainment. *Frontiers in Psychiatry, 11*, 679.

BRNET member, Dr. Parada, recently published a paper in the *Journal of Interpersonal Violence*. Please see attached PDF and citation below. Additionally, please contact Dr. Parada at r.parada@westernsydney.edu.au for additional information.

Balan, R., Dobrea, A., Balazsi, R., Parada, R. H., & Predescu, E. (2020). The Adolescent Peer Relations Instrument-Bully/Target: measurement invariance across gender, age, and clinical status. *Journal of Interpersonal Violence, 0886260520922350*.

(4) Post-Doctoral Job Opening

The [Social-Emotional Development Research Group \(SED-RG\)](#) in the Department of Educational and Counselling Psychology at McGill University, directed by Dr. Chiaki Konishi, is currently seeking a competent Postdoctoral Researcher (PDR) in research investigating social and emotional experiences and bullying at school and factors associated with them. Please see the full posting attached.

Please feel free to share this posting with your colleagues and/or students.

(5) Save the Date—Workshop on Aggression 2020 in Turku, Finland

The 25th Workshop on Aggression will take place on **November 13-14, 2020** in Turku, Finland, with the overarching theme “Prevention of aggression and violence among and against youth.” Please come to meet researchers studying bullying, dating violence, online abuse and grooming, child maltreatment, and other types of aggression, and evidence-based prevention of these global challenges. This workshop is hosted by BRNET member, Dr. Christina Salmivalli. Please visit the official website for conference registration and submission: <https://woa2020.utu.fi/>. Additionally, please visit the event’s Facebook page: <https://www.facebook.com/events/university-of-turku-finland/25th-workshop-on-aggression-2020/285787245671110/>.

(6) Save the Date—Bullying Research Symposium 2020 in Vienna, Austria

The Bullying Research Symposium (BRS) will take place on **November 6-7, 2020** at the University of Vienna (Austria) and addresses scholars on all career stages whose research focuses on school bullying. The aim of the Symposium is to intensify exchange about current research and to establish closer networks between the individual researchers and research teams.

Besides the keynotes the program will include shorter presentations, symposia, databased workshops and a poster session. The thematic focus is set around teachers and school bullying. We are very proud to welcome Prof. Sheri Bauman (University of Arizona, USA) and Prof. Yuichi Toda (Osaka Kyoiku University, Japan) in Vienna as keynote speakers, who will provide input from an international perspective.

In the face of the global COVID-19 pandemic, organizers of the BRS are closely monitoring developments and are also considering various options and alternatives for the organization of the symposium. There are still a few months to go before the Symposium in November, and they hope that the situation will have improved by then. At the moment, they are looking forward to welcoming you in Vienna!

For more information on registration and submission visit: <https://bullyingresearchsymposium.univie.ac.at/>

Thank you for your involvement in the Bullying Research Network! If you have any news, information, research, suggestions for new members, or other materials that our members would find useful, please do not hesitate to email us at bullyresearchnet@gmail.com and we will include it in our newsletter and/or on our website.

Most sincerely,



Dr. Shelley Hymel
University of British Columbia
BRNET Co-Director



Dr. Susan Swearer
University of Nebraska - Lincoln
BRNET Co-Director